

# Kuwe' We'koqma'q

Newsletter

April 2021

## Message from Chief Annie and Council

Hello!

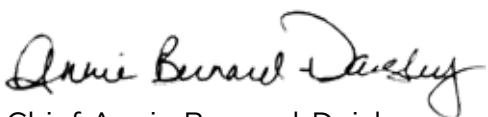
We are starting off this month full of hope and excitement for the future. We know how difficult the toll of COVID-19 has had on We'koqma'q, but we are beginning to see the light at the end of the tunnel. We are proud to have vaccinated nearly 200 residents in our community and look forward to getting everyone vaccinated as soon as we can. We must all continue to follow the public health guidelines to keep everyone safe for now, and we thank you for your dedication to keeping everyone healthy.

We have enjoyed seeing your feedback on the newsletter and social media presence. Your support is important to us, so we are thrilled we have these new opportunities to engage and connect with you all.

As your Chief and Council, our priority will always be the well-being of our community - both emotional and economical. We had a successful By-Law Meeting last month where we heard from a lot of our community members. We thank you for your participation and invite you to our next by-Law meeting that will be coming up soon. We will also be holding some moderate livelihood discussions coming up this month. Follow along with our Facebook Page to stay up to date.

It has been an eventful and successful start to the year, and we have many exciting projects in the works. We are growing everyday, sharing our story and letting the world know why we are We'koqma'q proud!

Sincerely,



Chief Annie Bernard-Daisley



**Follow us on Facebook!** Search We'koqma'q Community Site

# Community Update



## Non-Insured Health Benefits

- The band is asking that if you are requesting a purchase order number to please send the request at least one day's notice before your appointment. Please ensure that your appointment slips are properly filled out with your information and remember to get the doctor or hospital to provide their phone number, signature, and stamp on the forms.
- If your appointment is cancelled or changed hold on to the slip and PO or return them to the office. If the PO is over a month old, the One Stop will not process it, so drop by the office to get a new one.
- When handing in forms for reimbursement, please make sure you let the front desk know, and they will get it processed on the next cheque run.
- If you are heading to Halifax for an appointment please call NIHB at 1-800-565-3294 before departing, because you need prior approval for a PO.
- Only NIHB funded Orthodontist Trips are eligible for travel and only NIHB physiotherapy at the hospital is eligible for travel.

**Please send all purchase order number requests directly to Betty Gould:**

Phone: 902-295-0887 Email: [betty.gould@waycobah.ca](mailto:betty.gould@waycobah.ca)



## Social Development

A community Food Bank Pantry will be opening up at the end of April or early May! This pantry will be open to all of We'koqma'q and will contain food items and recipe books for community members.

We are looking for volunteers to help with shopping, packaging, and organizing the facility. We are also looking for members in the community who would be interested in starting a group to make soup, biscuits and more to freeze for the pantry and individuals with recipes for the community recipe book.

If any of these opportunities interest you, please reach out to us by phone at 902-756-3301 or email Tillie at [tilliegoogoo@waycobah.ca](mailto:tilliegoogoo@waycobah.ca) or Denise at [denisegoogoo@waycobah.ca](mailto:denisegoogoo@waycobah.ca)!

## Clothing Donations

Please note that we are not taking any more clothing donations.

## Attention 4-Wheelers

Please ride throughout the community with care. We are asking you to have respect for our Elders and Children, especially in the evening, so that we disrupt the community as little as possible. Please be mindful of everyone when riding and ride safely.



## Looking for employment?

To stay up to date on employment opportunities and training programs, follow We'koqma'q Employment & Training on Facebook.

## Say hello to your 2020-2024 Chief and Council!



(From left to right) Stewart Peters, John Leonard, Brandon Poulette, PJ Googoo, Tiny Cremo, Chief Annie Bernard-Daisley, Jason Bernard, Wallace Bernard, Stuart Basque and Steve Googoo.

### 2020-2024 We'koqma'q First Nation Chief and Council contact list:

**Chief Annie Bernard-Daisley**

Email: [anniedaisley@waycobah.ca](mailto:anniedaisley@waycobah.ca)  
Cell: (902) 295-7162

**Brandon Poulette**

Email: [brandonpoulette@waycobah.ca](mailto:brandonpoulette@waycobah.ca)  
Cell: (902) 623-1236

**Jason Bernard**

Email: [jasonbernard@waycobah.ca](mailto:jasonbernard@waycobah.ca)  
Cell: (902) 302-2587

**John L. Bernard**

Email: [johnlbernard@waycobah.ca](mailto:johnlbernard@waycobah.ca)  
Cell: (902) 295-0244

**John W. Cremo**

Email: [tinycremo@waycobah.ca](mailto:tinycremo@waycobah.ca)  
Cell: (902) 623-1850

**Peter J. Googoo**

Email: [pjgoogoo@waycobah.ca](mailto:pjgoogoo@waycobah.ca)  
Cell: (902) 980-0359

**Steve Googoo**

Email: [stevegoogoo@waycobah.ca](mailto:stevegoogoo@waycobah.ca)  
Cell: (902) 631-1003

**Stewart Peters**

Email: [stewartpeters@waycobah.ca](mailto:stewartpeters@waycobah.ca)  
Cell: (902) 951-0236

**Stuart Basque**

Email: [stuartbasque@waycobah.ca](mailto:stuartbasque@waycobah.ca)  
Cell: (902) 296-0143

**Wallace Bernard**

Email: [wallacebernard@waycobah.ca](mailto:wallacebernard@waycobah.ca)  
Cell: (782) 235-9271



# Good News!



## Covid-19 Vaccines!

We have fully vaccinated 199 community members with the Pfizer vaccine! We want to recognize the dedicated team at the Health Centre and the Health and Wellness Director, Jennifer MacDonald for all their hard work!

In the coming weeks we will have more information about vaccine availability for the rest of the community. We ask everyone to continue to follow all public health restrictions to keep everyone safe. Call the Health Centre at 902-756-2156 with any questions.

Pictured left: Chief Annie and Noel Gould getting vaccinated

## Skye River Trail Update!

Last month we were thrilled to reveal some new signage to welcome visitors to our Skye River Trail. These large panels display cultural and geographical information about the community, a map of the trail and various profiles Grand Chief Ben Sylliboy and local artist Whitney Gould, whose artwork inspired by the riverside will be found on panels throughout the trail.

These new additions have been led by Susan Googoo and her team. These projects have created work for nearly ten individuals who have worked on the maintenance or cultural programming of the trail. A new medicine garden will also be planted in raised beds soon!

Bottom Photo by: Wallace Bernard



## Have some good news to share?

Send along your good news stories to Chrissy at [chrissytanner@waycobah.ca](mailto:chrissytanner@waycobah.ca) with the subject line **Good News Newsletter!**



## Elsipogtog First Nation - Kraft Hockeyville Finalists!

Elsipogtog First Nation has been nominated for Kraft Hockeyville and has the chance to win \$250,000 for arena upgrades and to host an NHL Pre-Season Game! Vote between April 9th and April 10th. Let us work together and help the Mi'kmaq Community - Elsipogtog in New Brunswick to better their community by voting online at [www.krafthockeyville.ca](http://www.krafthockeyville.ca)



## Maple Syrup!

The students from Grade 4 to 8 at We'koqma'q Mi'kmaq School have been busy tapping and preparing maple syrup as part of their Land Base and Outdoor program with the help of Joe and Judy Googoo.

Students did not only learn to harvest these amazing land resources but also had the opportunity to be immersed in our language and culture!

## ShiFT from tha 902 nominated for the ECMAS!



Community member, ShiFT from tha 902 (Todd Googoo) has been nominated for two awards at the East Coast Music Awards coming up in May! The categories he has been nominated for are 2021 Indigenous Artist of the year and Rap/Hip-hop recording of the year for his track, "This Ones for You," Congratulations, Todd, we are all cheering you on!



## 2021 Farmer of the Year presented to We'koqma'q Fisheries!

The AANS Farmer of the Year is given to a recognized producer, individual or group who has made a significant contribution to the aquaculture industry in Nova Scotia. We are so pleased to announce that We'koqma'q Fisheries has been chosen for the 2021 recipient!

"They have given the opportunity for First Nations people to have meaningful employment within walking distance of their homes and have generated wealth for the community."

Way to go, We'koqma'q Fisheries!

# April Event Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 <b>GOOD FRIDAY</b>	3 <b>EASTER</b> 
4 <b>EASTER SUNDAY</b>	5	6 <b>Narcotics Anonymous</b> 8pm-9pm	7 <b>Developmental Play</b> 10am-12pm Ages 0-4 Parent & Child	8 <b>Women's Wellness</b> 6pm-9pm	9 <b>Story Time</b> 2pm-3pm 0-4 YEARS	10
11	12	13 <b>Narcotics Anonymous</b> 8pm-9pm	14 <b>Developmental Play</b> 10am-12pm Ages 0-4 Parent & Child	15	16 <b>Story Time</b> 2pm-3pm 0-4 YEARS	17
18	19	20 <b>Narcotics Anonymous</b> 8pm-9pm	21 <b>Developmental Play</b> 10am-12pm Ages 0-4 Parent & Child	22 <b>Women's Wellness</b> 6pm-9pm	23 <b>Story Time</b> 2pm-3pm 0-4 YEARS	24
25	26	27 <b>Narcotics Anonymous</b> 8pm-9pm	28 <b>Developmental Play</b> 10am-12pm Ages 0-4 Parent & Child	29	30 <b>Story Time</b> 2pm-3pm 0-4 YEARS	

**Blue Text = Health Centre    Red Text = Holidays**

**WOMEN'S WELLNESS:** Please call health centre to register as we can only have 10 people per activity at 902-756-2156. All covid-19 safety measures will be followed for line events.



**Have an upcoming event you want to add to the calendar?**

Email Chrissy at [chrissytanner@waycobah.ca](mailto:chrissytanner@waycobah.ca) with the subject line "Calendar Event" to have it added to the next newsletter!

# Colour Me!



# EASTER

## WORD SEARCH



SIWK  
 APLI'KMUJ  
 WISAWIPUNEKSIT  
 PAKEWIMK  
 PA'KIJI'JEWIMK  
 TUPKWA'NTIMK  
 SE'SES KLJJEWTO'S  
 PILTUI ALAME'SIK  
 WA'WL

S N A R O K M I W E J I J I K A P  
 I E L P D T C U T Z P Y V O I S A  
 W P O Y L X I N B I J U T S T G K  
 K A Q R W I W S H D S X Y U O A E  
 L U W A C B K X U F K O I A T F W  
 Q T E L I J R M X H D A E T R M I  
 R P O U Y W E W U V U B A U C I M  
 W Z A E H T M X R J T J H Y E O K  
 A P I L T U I A L A M E S I K I A  
 G C T U P K W A N T I M K U T B N  
 S E S E S K L J J E W T O S Y B M  
 W I S A W I P U N E K S I T F A J



## One Stop Delivery Service!

Delivery is now available for Elders 60+ and persons with disabilities from the One Stop.

### To place your order:

Call 902-756-3088. Cash payment accepted.  
 Hours: 10:00am - 6:00pm

## COVID UPDATES

For current Nova Scotia Covid information: [novascotia.ca/coronavirus/](https://novascotia.ca/coronavirus/)  
 Call the Health Centre for any community information you require.

## IMPORTANT CONTACTS

### We'koqma'q Band Office

P.O. Box 149, 150 Reservation Road  
 We'koqma'q, NS, B0E 3M0  
 Phone: 902-756-2337  
 Fax: 902-756-2393

### Housing Department

Housing Department: 1-902-756-2757 Ext. 223  
 Marcus Poulette: 1-902-295-0791  
 Reg Hurst (CEO): 1-902-631-4435  
 Linda Bernard: 1-902-295-7290  
 Lindabernard@waycobah.ca  
 Matt Sampson: mattsampson@waycobah.ca

### Emergency NHIB vouches

Betty Gould: 902-295-0887  
 betty.gould@waycobah.ca  
 Emma Lewis: 902-295-0384  
 emmalewis@waycobah.ca

### Social Assistance

Tillie Googoo: 902-295-0883  
 tilliegoogoo@waycobah.ca